

Motivation to Excel

Kid President Pep Talk For Students and Teachers

<https://www.youtube.com/watch?v=RwlhUcSGqgs>

Soar

<https://www.youtube.com/watch?v=MJoczDESU24>

Kid President's 20 Things We Should Say More Often

<https://www.youtube.com/watch?v=m5yCOSHeYn4>

Kid President How To Change The World

<https://www.youtube.com/watch?v=4z7gDsSKUmU>

Calm GoNoodle Activities:

Rainbow Breath

<https://www.google.com/search?q=Go+Noodle+Calm&oq=Go+Noodle+Calm+&aqs=chrome..69i57j69i64.12638j0j8&sourceid=chrome&ie=UTF-8>

Bring It Down

https://www.youtube.com/watch?v=bRkILioT_NA

On Off

<https://www.youtube.com/watch?v=1ZP-TMr984s>

Melting

<https://www.youtube.com/watch?v=fTzXFPh6CPI>

Need Active Ideas...

Run the Red Carpet

https://www.youtube.com/watch?v=d_GNRDlc17E

Backwards Alphabet song

<https://www.youtube.com/watch?v=ZCZ2YeOzpF0>

Move and Freeze

<https://www.youtube.com/watch?v=388Q44ReOWE>

Boom Chicka Boom

<https://www.youtube.com/watch?v=F2XVfTzel8E>

ABC Easy as 123

https://www.youtube.com/watch?v=_8m7yhtPsgc